

annex of the book: 'Hey Teacher, Find Your Inner Designer'



challenge #12

use this
little notebook
to capture your mistakes for a week

THIS TAKES EFFORT

**TAKE THIS BOOKLET
EVERYWHERE YOU GO
AND KEEP IT
ALWAYS IN SIGHT**

challenge #12

Do you **DARE** to try out new things for one week and reflect on that?

LET GO of always having to be in control and of being afraid not to see where your actions will take you. **LET GO OF ALL CONTROL** and get new insights during this journey. Use this book **DAILY**. The exercises can **EASILY** be done in between, for example during a coffee break, during lunch or dinner, while waiting, or in some other spare time. Find a moment that **FITS YOUR DAILY ROUTINE**. The challenges can be done separately or in one go. But take the challenges per day, from beginning to end. **NO SHORTCUTS!**

Good luck!

About me

Indicate for each role what you think is most important (1-most, 8-least) and how many percent of your time you are in this role.

Coach %

Host %

Presenter %

Instructor %

Pedagogue %

Designer %

Completer
Finisher %

.... %

what role do
you fulfill as a
teacher?

WHY DID YOU (EVER)
BECOME A TEACHER?



date



DAY 1

**“Educating people isn’t
rocket science. Its is much
harder than that.”**

AGREE? ↗

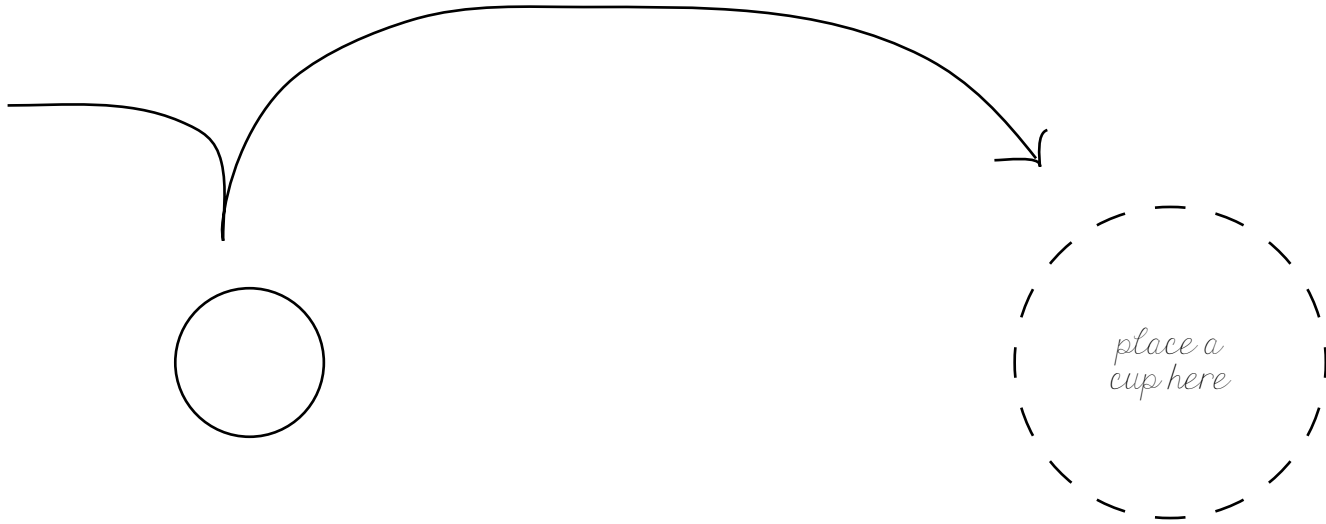
....

STATEMENT OF TODAY

CHALLENGE OF TODAY

Write your name
with your bad hand

(the hand you don't regularly use to write)



bounce a bouncing ball in the cup

bounce the ball through the circle into the cup and note how many attempts you need until you succeed.

SUCCESS(ES) OF TODAY

MISTAKE(S) OF TODAY

11

date

DAY 2

**“Without mistakes, how
would you learn?”**

AGREE? ↗

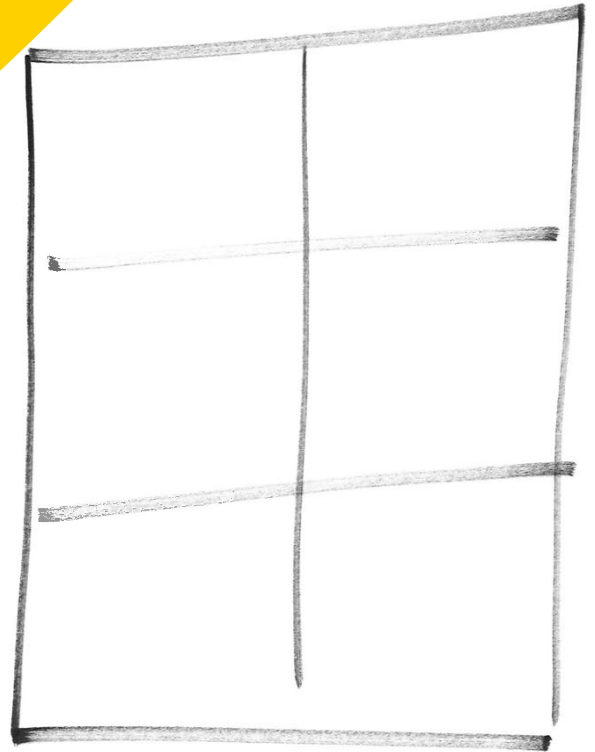
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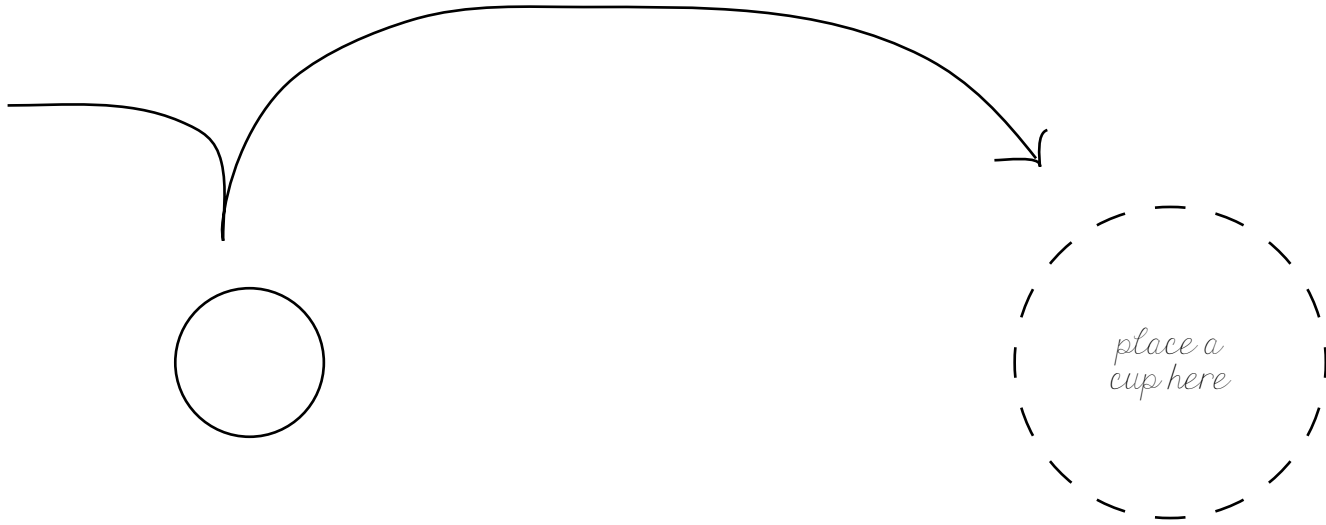
STATEMENT OF TODAY

CHALLENGE OF TODAY

Page for short
attention span

*Do something with each box, you
have only 10 seconds per box..*





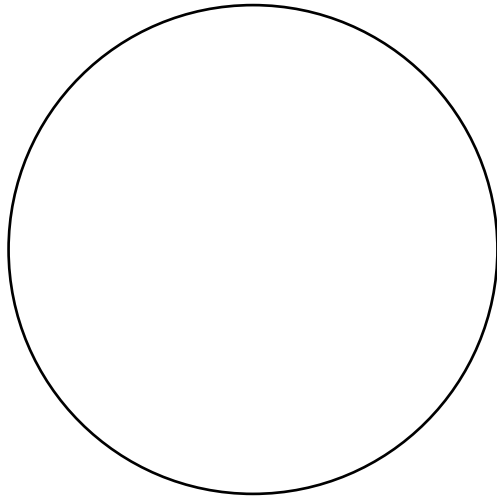
bounce a bouncing ball in the cup

bounce the ball through the circle into the cup and note how many attempts you need until you succeed.

IMPACT OF TODAY

MY IMPACT
OF TODAY
what | where | why

FACE OF TODAY



*draw a face that matches
your day and describe
why*

SUCCESS(ES) OF TODAY

MISTAKE(S) OF TODAY

date



DAY 3

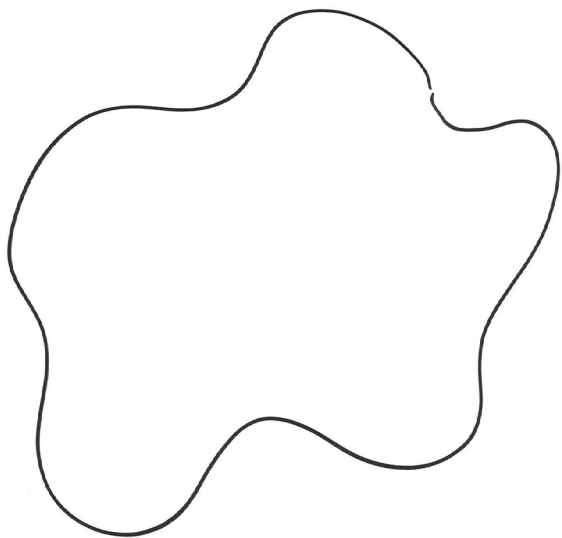
**“Everything is hard before it
is easy.”**

AGREE? ↗

....

STATEMENT OF TODAY

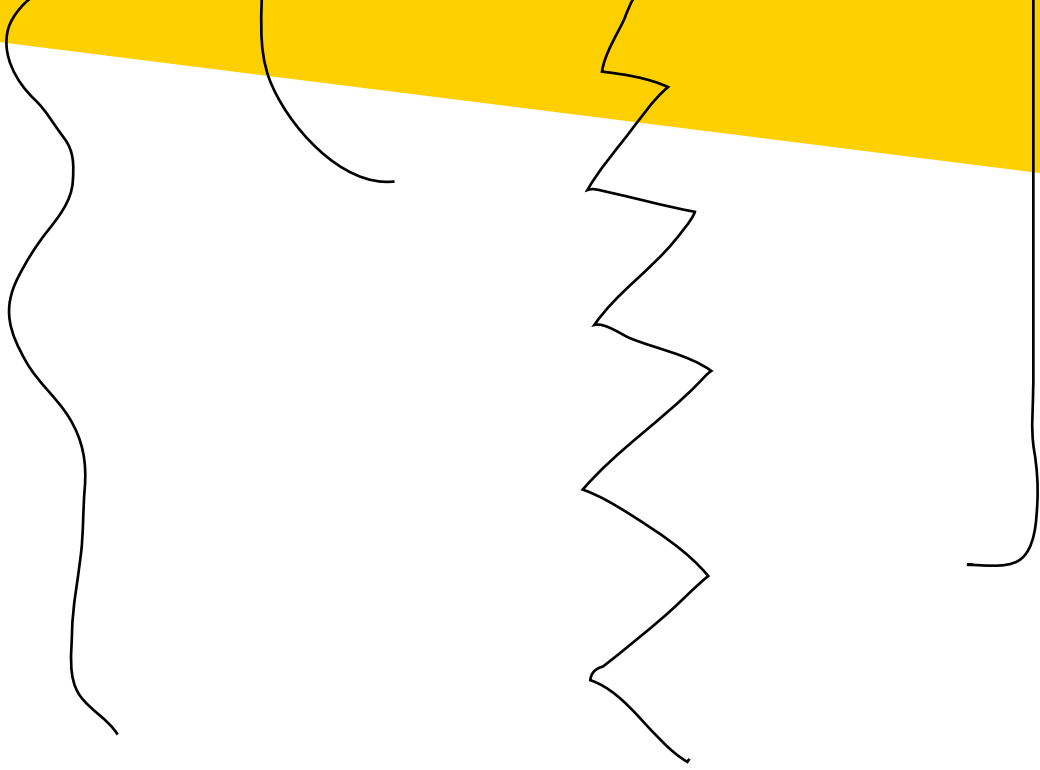
CHALLENGE OF TODAY



retrace this line
as fast as you can

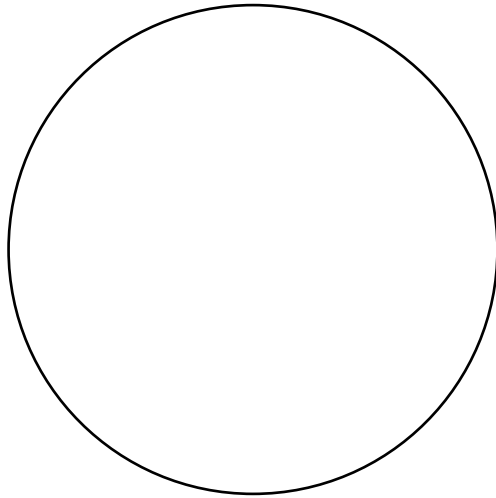
for a few minutes

REPEAT CHALLENGE



Tear the page along the lines

FACE OF TODAY



*draw a face that matches
your day and describe
why*

SUCCESS(ES) OF TODAY

MISTAKE(S) OF TODAY

date



DAY 4

**“A teacher should have a
creative mind.”**

AGREE? ↗

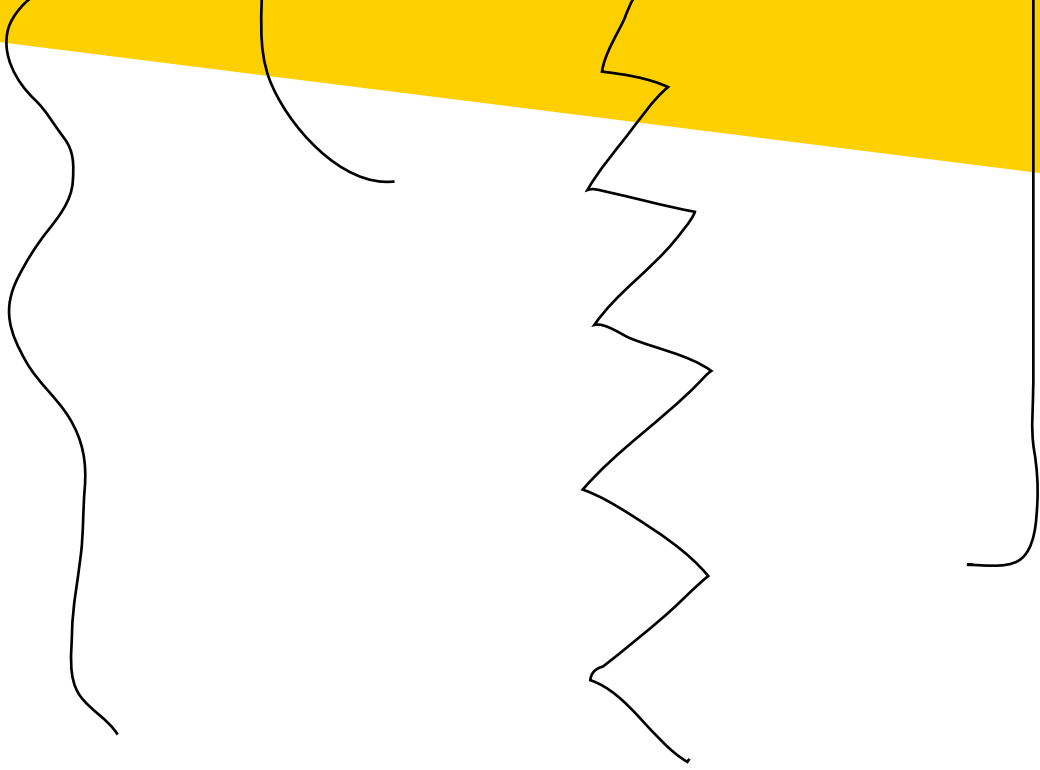
....

STATEMENT OF TODAY

CHALLENGE OF TODAY

draw 3 circles freehand

REPEAT CHALLENGE



Tear the page along the lines

MY IMPACT
OF TODAY
what | where | why

SUCCESS(ES) OF TODAY

MISTAKE(S) OF TODAY

date



DAY 5

**“A mediocre teacher tells.
A good teacher explains.
A superior teacher
demonstrates. A great
teacher inspires.”**

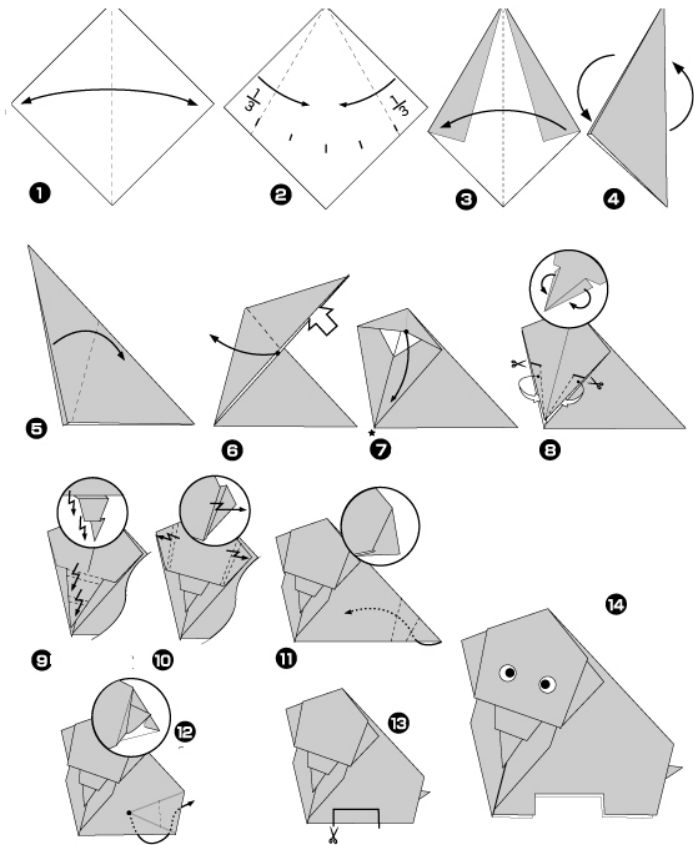
AGREE? ↗

....

STATEMENT OF TODAY

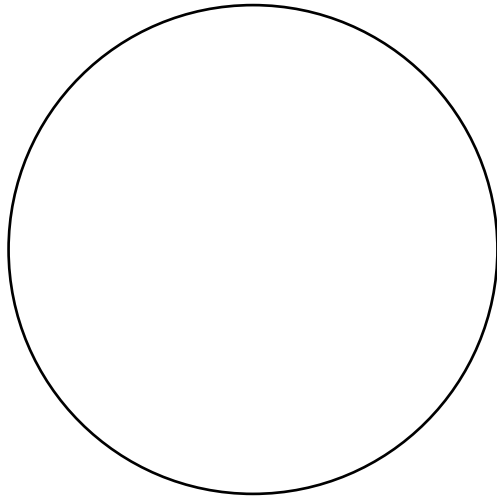
CHALLENGE OF TODAY

T	R	T	V					N	D	R	S	M	V
N	H	I	D	E	G	T	R	J	O	P	I	H	T
G	M	M	R	A	H	T	R	E	R	F	S	N	D
V	E	M	E	S	S	A	G	E	J	Y	S	M	S
E	W	H	E	R	E	T	G	T	R	E	S	N	F
U	I	O	P	H	T	R	X	I	N	I	O	H	Y
R	G	R	E	T	H	I	S	J	K	L	P	Q	C
B	O	O	K	L	E	T	T	W	R	D	A	O	M
T	G	O	O	D	L	U	C	K	X	X	M	V	H



REPEAT CHALLENGE

FACE OF TODAY



*draw a face that matches
your day and describe
why*

SUCCESS(ES) OF TODAY

MISTAKE(S) OF TODAY

43

date



DAY 6

“The best part of teaching is that it matters. The hardest part is that every moment matters, every day.”

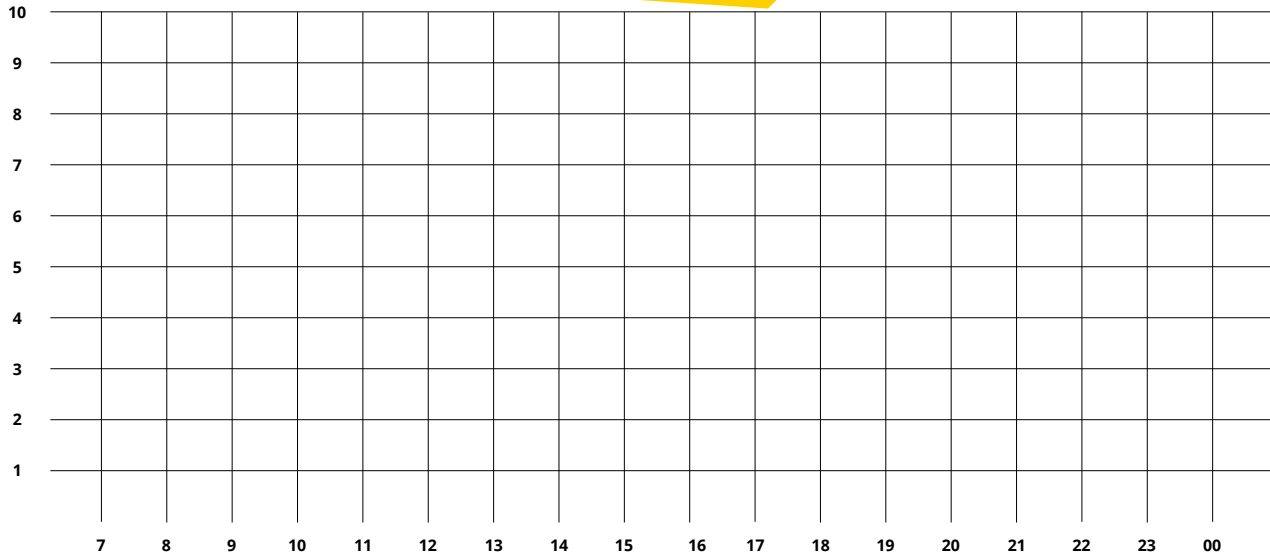
AGREE? ↗

....

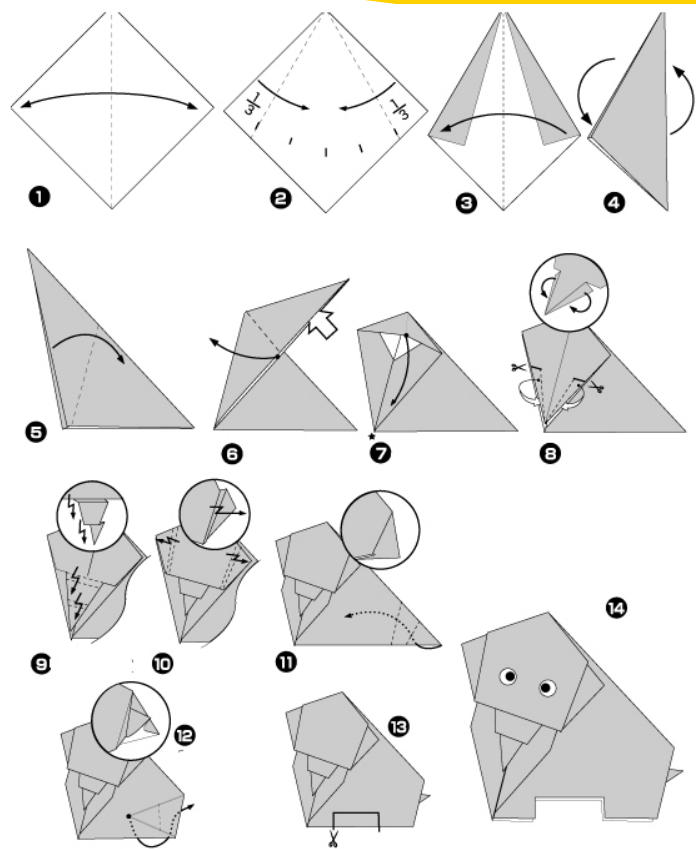
STATEMENT OF TODAY

CHALLENGE OF TODAY

Observe
your energy



observe your energy for a day. Fill in how you feel every hour



REPEAT CHALLENGE

MY IMPACT
OF TODAY
what | where | why

SUCCESS(ES) OF TODAY

MISTAKE(S) OF TODAY

51

date



DAY 7

“

“

STATEMENT OF TODAY

↑
YOUR STATEMENT

CHALLENGE OF TODAY

VENT YOUR
SPLEEN

for those who are
really furious,
SCRATCHING is
allowed...

REFLECTIVE CHALLENGE

*which challenge did you like best?
and which one was the worst? why?*

SUCCESS(ES) OF TODAY

MISTAKE(S) OF TODAY

NOTES

Our world has changed a great deal since we first (or last) designed education. The current educational setting – a bunch of students in a classroom, at a set time and place, with one teacher sharing their knowledge as an omniscient authority – is still very much the same as it was a century ago.

In the Netherlands, the educational landscape provides, at least in theory, a great deal of freedom for schools to transform the contemporary learning environment as well as our vision of learning. However, many teachers struggle to experience or professionally make good use of this freedom. There seems to be a mismatch between the possibilities for change, and how these possibilities are actually being used.

Manon Mostert believes that education will benefit from a design approach toward educational processes, developed by teachers and encouraged by school administrators. Once teachers start to (iteratively) design the process of learning, the education system will change accordingly. Such a design approach makes it possible to transform education on a small scale but with a big impact. Let's do away with the big-bang, top-down implementations. We, teachers, have the power to change education at its core.

Therefore:

Hey teacher, find your inner designer!

This handbook combines a study of the value for educational processes of the various mistakes which teachers make, with small challenges for encouraging teachers to discover their inner designer. The book also includes a number of case stories of teachers who dare to fail.



<http://boomhogeronderwijs.nl/heyteacher>